



FOR MORE INFORMATION CALL: 816.380.8980 | OR VISIT: WWW.HARRISONVILLEPARKS.COM

YOUTH FITNESS ORIENTATIONS

Our Youth Fitness Orientations are designed to educate our young members and guests on the Rules & Regulations of the cardio and weight equipment here at the HCC. These orientations are required for all youth, ages 9-15 prior to being granted use of the fitness equipment.

BY APPOINTMENT ONLY

Call to schedule!

816.380.8980 ext.5999



Youth ages 9-12 are required to obtain written authorization from the child's physician prior to the orientation. It must contain the current date, child's name, date of birth, along with a brief statement that authorizes the child to use the equipment.

Children ages 12 and under must be under **direct** supervision of their parent or guardian at all times while in the HCC.