



HARRISONVILLE
Parks & Recreation



TOTAL TONING

MONDAY-THURSDAY | 9:30-10:30AM

FREE TO MEMBERS / \$6 DAY PASS NON-MEMBERS

TOTAL BODY TONING WITH DAILY FOCUSES.
MON-ARMS, TUES-LEGS, WED-CORE, THURS-CARDIO

INSTRUCTOR: RACHELLE MOORE

816.380.8980 | www.HarrisonvilleParks.com