

# Harrisonville Parks & Recreation

## YOUTH FITNESS ORIENTATIONS

**Our Youth Fitness Orientations are designed to educate our young members and guests on the Rules & Regulations of the cardio and weight equipment here at the HCC. These orientations are required for all youth, ages 13-15 prior to being granted use of the fitness equipment.**

***By appointment only, Call to schedule!***

***380-8980, ext. 5988***



***\*\*Youth ages 9-12 are required to obtain written authorization from the child's physician prior to registration. Authorization must be written on the physician's letterhead or prescription pad & must include the following information & must be completed by the physician;***

***Current Date, Child's Name, Date of Birth, along with a brief statement explaining that the child is authorized to use specified exercise equipment.***

**For scheduling, Please contact Athletics Coordinator, Vincent Schroeder  
816.380.8980, ext. 5988 or email [vschroeder@harrisonville.com](mailto:vschroeder@harrisonville.com)**



### HARRISONVILLE COMMUNITY CENTER

2400 Jefferson Pkwy Harrisonville, MO 64701  
[www.HPARKS.com](http://www.HPARKS.com) | (816) 380.8980

**“Let us be the best part of your day and first choice for Health, Fitness & Fun!”**