



July 2020 Social Hall



| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-------------------|---|---------------------------------------|---|---------------------------------------|---|---|
| | | | 1 Open No Classes | 2 Open No Classes | 3 Open No Classes | 4 7am-3pm Holiday Hours  |
| 5 Open | 6 8:30am - 9:15am Silver Sneakers 9:30am - 10:15am Group Strength 10:30am-11:30am Stretch 6pm -7pm Group Strength 7pm-8pm Stretch | 7 6pm-7pm Boot Camp | 8 8:30am - 9:15am Silver Sneakers 9:30am - 10:15am Group Strength 10:30am-11:30am Stretch 6pm -7pm Group Strength 7pm-8pm Stretch | 9 6pm-7pm Boot Camp | 10 8:30am - 9:15am Silver Sneakers 9:30am - 10:15am Group Strength 10:30am-11:30am Stretch 6pm -7pm Group Strength 7pm-8pm Stretch | 11 10am - 11am Adult Martial Arts 11am - 12pm Youth Martial Arts |
| 12 Open | 13 8:30am - 9:15am Silver Sneakers 9:30am - 10:15am Group Strength 10:30am-11:30am Stretch 6pm -7pm Group Strength 7pm-8pm Stretch | 14 6pm-7pm Boot Camp | 15 8:30am - 9:15am Silver Sneakers 9:30am - 10:15am Group Strength 10:30am-11:30am Stretch 6pm -7pm Group Strength 7pm-8pm Stretch | 16 6pm-7pm Boot Camp | 17 8:30am - 9:15am Silver Sneakers 9:30am - 10:15am Group Strength 10:30am-11:30am Stretch 6pm -7pm Group Strength 7pm-8pm Stretch | 18 10am - 11am Adult Martial Arts 11am - 12pm Youth Martial Arts |
| 19 Open | 20 8:30am - 9:15am Silver Sneakers 9:30am - 10:15am Group Strength 10:30am-11:30am Stretch 6pm -7pm Group Strength 7pm-8pm Stretch | 21 6pm-7pm Boot Camp | 22 8:30am - 9:15am Silver Sneakers 9:30am - 10:15am Group Strength 10:30am-11:30am Stretch 6pm -7pm Group Strength 7pm-8pm Stretch | 23 6pm-7pm Boot Camp | 24 8:30am - 9:15am Silver Sneakers 9:30am - 10:15am Group Strength 10:30am-11:30am Stretch 6pm -7pm Group Strength 7pm-8pm Stretch | 25 10am - 11am Adult Martial Arts 11am - 12pm Youth Martial Arts |
| 26 Open | 27 8:30am - 9:15am Silver Sneakers 9:30am - 10:15am Group Strength 10:30am-11:30am Stretch 6pm -7pm Group Strength 7pm-8pm Stretch | 28 6pm-7pm Boot Camp | 29 8:30am - 9:15am Silver Sneakers 9:30am - 10:15am Group Strength 10:30am-11:30am Stretch 6pm -7pm Group Strength 7pm-8pm Stretch | 30 6pm-7pm Boot Camp | 31 8:30am - 9:15am Silver Sneakers 9:30am - 10:15am Group Strength 10:30am-11:30am Stretch 6pm -7pm Group Strength 7pm-8pm Stretch | |

*Patrons may use any available court for open gym.
However, please remember that HCC programs,
leagues & rentals will have priority.*

Please be courteous if asked to be moved to another court.

This schedule can change without advanced notice.