



HARRISONVILLE

Parks & Recreation

RULES & REGULATIONS

PROFANITY, INSUBORDINATION, FIGHTING OR FACILITY ABUSE OF ANY KIND WILL NOT BE TOLERATED, DISCIPLINARY ACTION WILL BE TAKEN

WEAPONS of any kind are prohibited within the Community Center.

SMOKING is prohibited anywhere within the Community Center (this includes use of Vapor &/or E-Cigarettes)
Individuals caught smoking inside the facility may be banned from the Community Center.

ALCOHOL is prohibited within the Community Center unless for events & functions approved by the City of Harrisonville.

ANIMALS are prohibited within the facility, with exception of service dogs, or unless part of an authorized program.

ADMITTANCE: Members must scan their ID card at each visit.

Non-Members must purchase a Day Pass & sign in on our visitor sheet log for each visit.

AGE REQUIREMENTS:

- Children ages birth to 12 years of age (with exception of youth programming sponsored by the Community Center)
 - Must be under **direct** supervision of their parent or guardian at all times while in the Community Center.
 - Are only allowed in areas of the facility not occupied by weightlifting equipment or cardio equipment.
- Children age 4 and under are admitted at no charge along with a paying adult or member.
- Children age 12 and under must be accompanied by a parent or guardian (age 16+) within the Community Center at all times
- Member / Non-Member Youth starting at age 13 and older are allowed entry into the Community Center without adult supervision.

Registration & Completion of the YFO class is mandatory in conjunction with required information as stated directly below.

- Youth **under** the age of 13 are **not** allowed to use cardio or weight equipment without written authorization from the child's physician. Authorization must be written on the physician's letterhead or prescription pad and must include the following information: Current date, Child's name, Date of birth, and a statement that the child is authorized to use the following specified exercise equipment: (doctor must complete). In addition to the physician's authorization, a parent or adult guardian is required to be within close proximity of the child while utilizing the specified equipment.

FITNESS EQUIPMENT USE REQUIREMENTS:

- **Member / Non-Member Youth ages 13 - 15 must register & complete a Youth Fitness Orientation Class** before they will be allowed to use the fitness equipment. Written physician's authorization is not required for ages 13 and above.
- Youth ages 13 - 15 that have completed our Fitness Orientation Class will be required to wear an "orange" wristband which must be worn for the entire duration when using any of the fitness equipment. All wristbands are to be checked out from the front desk.
- Disciplinary Action will be taken if found transferring a wristband to any unauthorized youth or if found not wearing the mandatory wristband.
- Member / Non-Member Youth ages 16 and older are allowed to use the facility's weight & cardio equipment without any mandatory orientation classes taken and without adult supervision.

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CONFLICT OF INTEREST POLICY:

“The City of Harrisonville Parks & Recreation Department reserves the right to refuse service &or use of Harrisonville property for activities that are in direct conflict with services, programs or rentals provided by the Parks & Recreation Department. Violators will be asked to suspend such activity immediately. Repeated use will result in termination of the offender’s membership or Parks and Recreation facility use privileges.”

- **Some examples of a conflict of interest are: (but are not limited to)**
 - Blatant disregard for the Rules & Regulations of the Harrisonville Community Center.
 - Rental of a room and the renter charging a fee for the same programs that are being offered by the Community Center.
 - Teaching Swim Lessons by outside patrons who are not employed by the Parks and Recreation Department.
 - Instructing organized Aerobic Classes during open use time.
 - Personal Trainers not employed by the Parks and Recreation Department soliciting business from patrons or outside personal trainers instructing and getting paid by patrons.

FITNESS STUDIO/SOCIAL HALL USE:

- HPR programming will take priority over room use. During these times, Staff, Fitness Class Instructors and Personal Trainers will identify themselves as such, and at that time non-registered participants must then exit the room.
- Use of room(s) will be accessible to members only if room is available. Room availability may change without notice.

GYMNASIUM:

- Street shoes and high heels are not allowed.
- Shirts and appropriate clothing must be worn at all times.
- Food and drink are not allowed with the exception of bottled water.
- Children ages 12 and under must be accompanied by an adult in the gym.
- **No** kicking balls. Balls must be used appropriately for their intended purpose.
- For your convenience we provide balls in the gym. To help prevent theft, we strongly urge you to leave your own ball at home.

TRACK:

- Wheelchairs, Walkers and Child Strollers are permitted onto the track.
- All wheels must be clear of any debris and cannot be wet.
- Roller Skates and all “like” equipment are **not** permitted on the track or anywhere else in the building.

SWIMMING POOL:

- Children 12 and under must be accompanied at all times by a parent or guardian (age 16+) within the pool area.
- Children 4 and under must have a parent or guardian within arm’s length in the pool area at all times.
- No flotation devices allowed in the lap swim area; all flotation devices must stay in three-foot-deep water or less.
- Flotation devices must be US Coast Guard approved- no puddle jumpers.
- No running allowed on or around the pool deck, the hallway to the pool or into the zero-depth area.
- No dunking, splashing, fighting, wrestling, shoulder rides, horseplay or any other unsafe activity allowed.
- No diving, back jumps or flips allowed in the facility.
- Indoor slide is restricted for use by those 42” and under.
- Swim diapers are required for all those who are diaper dependent.
- Please stay out of designated areas for classes, programs and lap swimmers.
- Weights, kick boards, noodles, dumbbells and pull buoys are reserved for exercise use **ONLY**.
- Starting blocks are for swim team use **ONLY**.
- No food, drink or glass objects permitted in the locker rooms or on the pool deck.
- Swimmers may not hang on the lane lines.

These rules are to ensure the safety of all our patrons. We appreciate your cooperation!

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SAUNA AND HOT TUB RULES:

- You must be 18 years or older to use the sauna and hot tub.
- You should not use the hot tub or sauna if you are pregnant or have a heart condition, diabetes, or high blood pressure.
- Average temperature is 101 degrees for the hot tub and 150 degrees for the sauna; consult your physician before using the sauna and hot tub if you have any health concerns.
- Please shower before entering or re-entering the hot tub, pool or sauna.
- No water or wet clothing allowed in the sauna.
- Please bring a towel to sit on in the sauna.
- There is a 30-minute time limit while others are waiting.

TOT-WATCH:

➤ HOURS

- **Monday-Saturday (morning)** 9 a.m. - 12 p.m.
- **Monday-Thursday (evening)** 5 p.m. - 8:30 p.m.

➤ POLICIES

- This service is **not** free; Payment must be paid at the Front Desk **before** service will be provided.
- Children eligible for Tot-Watch are between the ages of 6 months and 8 years.
- **NO FOOD OR DRINK** allowed in Tot-Watch.
- Children will not be released to any parent or adult without proper ID.
- The maximum number of children per attendant is 8.
- There is a 16-child maximum capacity in the room.
- There is a maximum of 2-hours allowed per visit.
- Any parent going over their paid time will be charged for an additional hour.
- All children will be signed in and out of Tot-Watch on the required sheet that is located in the Tot-Watch room.
- No child with a fever or diarrhea will be permitted.
- Tot-Watch staff will not change diapers or assist children in the restroom.
- If assistance is needed, the parent will be contacted.
- It is strongly recommended that children keep their shoes on while in Tot-Watch.
- Tot-Watch is a temporary babysitting/child watch service, not a daycare.

Our staff is responsible for your child's safety and wellbeing only while in the Tot-Watch room.

APPAREL: Shirts and appropriate clothing must be worn at all times in the gymnasium and all fitness areas. Swimwear is **not** allowed in the fitness areas. Appropriate swim attire is required in the swimming pool. Thong bikinis are **not** allowed. T-shirts may be worn however; they will **not** be allowed for any reason on the slides or in any water over 5 feet deep. This applies to both the indoor and outdoor pools. T-shirts make swimming difficult and can hinder rescue attempts. Clothing displaying offensive or inappropriate language &/or images will not be allowed to be worn within the Community Center.

SHOES must be worn at all times within the Community Center with the exception of the pool area and locker rooms. Athletic shoes must be worn in the fitness areas and on the fitness equipment. Opened toed shoes are **not** allowed in the fitness areas or on the fitness equipment. Street shoes and high heels are **not** allowed in the gymnasium, on the walking track or in the Fitness Studio.

LOCKER ROOMS are available for use. Cameras and camera phones are **not** allowed in locker rooms. Children of the opposite sex are **not** allowed in locker rooms. Family changing rooms are available off the North pool deck for parents needing to assist their children of the opposite sex.

LOCKERS are available for use daily at no charge; annual membership holders have the choice to rent a designated locker annually starting at \$40.00. All patrons are strongly encouraged to utilize a locker to protect their property. Locks are not provided by the Community Center, they are the responsibility of our guests. Locks must be removed upon leaving unless the designated locker has been rented. Locks left on non-rented lockers will be removed at the end of the day the contents will be removed and will be held in the administrative offices. The Harrisonville Community Center is not responsible for replacing either the lock or the contents of the locker.

FOOD AND DRINKS with the exception of bottled water only, are **not** allowed in the gymnasium, walking track and /or pool deck.