



January 2020

Social Hall

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|---|--|---|--|---|--|
| <p><i>However, please remember that HCC programs, leagues & rentals will have priority.</i></p> <p><i>Please be courteous if asked to be moved.</i></p> <p><i>This schedule can change without advanced notice.</i></p> | | | <p>1 Closed New Year's Day</p> | <p>2 MOSSA Centery 9:30am-10:30am 6pm-7pm Boot Camp</p> | <p>3 8:30am - 9:15am Silver Sneakers 9:30am - 10:15am Group Strength 10:30am-11:30am Hardcore & Stretch 6pm -7pm Group Strength 7pm-8pm Hardcore & Stretch</p> | <p>4 10am - 11am Adult Martial Arts 11am - 12pm Youth Martial Arts</p> |
| <p>5 Open</p> | <p>6 8:30am - 9:15am Silver Sneakers 9:30am - 10:15am Group Strength 10:30am-11:30am Hardcore & Stretch 6pm -7pm Group Strength 7pm-8pm Hardcore & Stretch</p> | <p>7 MOSSA Centery 9:30am-10:30am 6pm-7pm Boot Camp</p> | <p>8 8:30am - 9:15am Silver Sneakers 9:30am - 10:15am Group Strength 10:30am-11:30am Hardcore & Stretch 6pm -7pm Group Strength 7pm-8pm Hardcore & Stretch</p> | <p>9 MOSSA Centery 9:30am-10:30am 6pm-7pm Boot Camp</p> | <p>10 8:30am - 9:15am Silver Sneakers 9:30am - 10:15am Group Strength 10:30am-11:30am Hardcore & Stretch 6pm -7pm Group Strength 7pm-8pm Hardcore & Stretch</p> | <p>11 10am - 11am Adult Martial Arts 11am - 12pm Youth Martial Arts</p> |
| <p>12 Open</p> | <p>13 8:30am - 9:15am Silver Sneakers 9:30am - 10:15am Group Strength 10:30am-11:30am Hardcore & Stretch 6pm -7pm Group Strength 7pm-8pm Hardcore & Stretch</p> | <p>14 MOSSA Centery 9:30am-10:30am 6pm-7pm Boot Camp</p> | <p>15 8:30am - 9:15am Silver Sneakers 9:30am - 10:15am Group Strength 10:30am-11:30am Hardcore & Stretch 6pm -7pm Group Strength 7pm-8pm Hardcore & Stretch</p> | <p>16 MOSSA Centery 9:30am-10:30am 6pm-7pm Boot Camp</p> | <p>17 8:30am - 9:15am Silver Sneakers 9:30am - 10:15am Group Strength 10:30am-11:30am Hardcore & Stretch 6pm -7pm Group Strength 7pm-8pm Hardcore & Stretch</p> | <p>18 10am - 11am Adult Martial Arts 11am - 12pm Youth Martial Arts</p> |
| <p>19 Open</p> | <p>20 8:30am - 9:15am Silver Sneakers 9:30am - 10:15am Group Strength 10:30am-11:30am Hardcore & Stretch 6pm -7pm Group Strength 7pm-8pm Hardcore & Stretch</p> | <p>21 MOSSA Centery 9:30am-10:30am 6pm-7pm Boot Camp</p> | <p>22 8:30am - 9:15am Silver Sneakers 9:30am - 10:15am Group Strength 10:30am-11:30am Hardcore & Stretch 6pm -7pm Group Strength 7pm-8pm Hardcore & Stretch</p> | <p>23 MOSSA Centery 9:30am-10:30am 6pm-7pm Boot Camp</p> | <p>24 8:30am - 9:15am Silver Sneakers 9:30am - 10:15am Group Strength 10:30am-11:30am Hardcore & Stretch 6pm -7pm Group Strength 7pm-8pm Hardcore & Stretch</p> | <p>25 10am - 11am Adult Martial Arts 11am - 12pm Youth Martial Arts</p> |
| <p>26 Open</p> | <p>27 8:30am - 9:15am Silver Sneakers 9:30am - 10:15am Group Strength 10:30am-11:30am Hardcore & Stretch 6pm -7pm Group Strength 7pm-8pm Hardcore & Stretch</p> | <p>28 MOSSA Centery 9:30am-10:30am 6pm-7pm Boot Camp</p> | <p>29 8:30am - 9:15am Silver Sneakers 9:30am - 10:15am Group Strength 10:30am-11:30am Hardcore & Stretch 6pm -7pm Group Strength 7pm-8pm Hardcore & Stretch</p> | <p>30 MOSSA Centery 9:30am-10:30am 6pm-7pm Boot Camp</p> | <p>31 8:30am - 9:15am Silver Sneakers 9:30am - 10:15am Group Strength 10:30am-11:30am Hardcore & Stretch 6pm -7pm Group Strength 7pm-8pm Hardcore & Stretch</p> | |