

Harrisonville Parks & Recreation

YOUTH FITNESS ORIENTATIONS

Our Youth Fitness Orientations are designed to educate our young members and guests on the Rules & Regulations of the cardio and weight equipment here at the HCC. These orientations are required for all youth, ages 13-15 prior to being granted use of the fitness equipment.

By appointment only, Call to schedule!

380-8980, ext. 5988



****Youth ages 9-12 are required to obtain written authorization from the child's physician prior to registration. Authorization must be written on the physician's letterhead or prescription pad & must include the following information & must be completed by the physician;**

Current Date, Child's Name, Date of Birth, along with a brief statement explaining that the child is authorized to use specified exercise equipment.



**HARRISONVILLE
COMMUNITY CENTER**

2400 Jefferson Pkwy Harrisonville, MO 64701
www.HPARKS.com | (816) 380.8980

"Let us be the best part of your day and first choice for Health, Fitness & Fun!"