

May - Fitness Studio 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 Yoga 'FOD' 7:15am-8am Jazzercise 8:15am-9:15am Group Centergy 9:30am-10:30am Spinning 10:45am-11:30am
2 Jazzercise 3pm-4pm	3 Jazzercise 5:30am-6:30am Jazzercise 8:15am-9:15am Gentle Yoga 10:45am-11:30am Pilates 'FOD' 12:15pm-1:15pm Zumba 6pm-7pm Yoga 'FOD' 7:10pm-7:45pm	4 Yoga 'FOD' 6:30am-7am Cycling 'FOD' 7:15am-8am Group Centergy 9:30am-10:30am Cycling 'FOD' 12:15-1:15pm Jazzercise 6pm-7pm Spinning 7:15pm-8pm Pilates 'FOD'	5 Jazzercise 5:30am-6:30am Jazzercise 8:15am-9:15am Gentle Yoga 10:45am-11:30am Pilates 'FOD' 12:15pm-1:15pm Zumba 6pm-7pm Yoga 'FOD' 7:10pm-7:45pm	6 Yoga 'FOD' 6:30am-7am Cycling 'FOD' 7:15am-8am Group Centergy 9:30am-10:30am Cycling 'FOD' 12:15-1:15pm Jazzercise 6pm-7pm Pilates 'FOD' 8:15pm-8:45pm	7 Jazzercise 5:30am-6:30am Jazzercise 8:15am-9:15am Pilates 'FOD' 12:15pm-1:15pm Jazzercise 6pm-6:30pm Yoga 'FOD' 7:10pm-7:45pm	8 Yoga 'FOD' 7:15am-8am Jazzercise 8:15am-9:15am Group Centergy 9:30am-10:30am Spinning 10:45am-11:30am
9 Jazzercise 3pm-4pm	10 HVAC DUCT REPAIRS Second Floor Temporarily Unavailable	11 HVAC DUCT REPAIRS Second Floor Temporarily Unavailable	12 HVAC DUCT REPAIRS Second Floor Temporarily Unavailable	13 HVAC DUCT REPAIRS Second Floor Temporarily Unavailable	14 HVAC DUCT REPAIRS Second Floor Temporarily Unavailable	15 HVAC DUCT REPAIRS Second Floor Temporarily Unavailable
16 HVAC DUCT REPAIRS Second Floor Temporarily Unavailable	17 Jazzercise 5:30am-6:30am Jazzercise 8:15am-9:15am Gentle Yoga 10:45am-11:30am Pilates 'FOD' 12:15pm-1:15pm Zumba 6pm-7pm Yoga 'FOD' 7:10pm-7:45pm	18 Yoga 'FOD' 6:30am-7am Cycling 'FOD' 7:15am-8am Group Centergy 9:30am-10:30am Cycling 'FOD' 12:15-1:15pm Jazzercise 6pm-7pm Spinning 7:15pm-8pm Pilates 'FOD'	19 Jazzercise 5:30am-6:30am Jazzercise 8:15am-9:15am Gentle Yoga 10:45am-11:30am Pilates 'FOD' 12:15pm-1:15pm Zumba 6pm-7pm Yoga 'FOD' 7:10pm-7:45pm	20 Yoga 'FOD' 6:30am-7am Cycling 'FOD' 7:15am-8am Group Centergy 9:30am-10:30am Cycling 'FOD' 12:15-1:15pm Jazzercise 6pm-7pm Pilates 'FOD' 8:15pm-8:45pm	21 Jazzercise 5:30am-6:30am Jazzercise 8:15am-9:15am Pilates 'FOD' 12:15pm-1:15pm Jazzercise 6pm-6:30pm Yoga 'FOD' 7:10pm-7:45pm	22 Yoga 'FOD' 7:15am-8am Jazzercise 8:15am-9:15am Group Centergy 9:30am-10:30am Spinning 10:45am-11:30am
23 Jazzercise 3pm-4pm	24 Jazzercise 5:30am-6:30am Jazzercise 8:15am-9:15am Gentle Yoga 10:45am-11:30am Pilates 'FOD' 12:15pm-1:15pm Zumba 6pm-7pm Yoga 'FOD' 7:10pm-7:45pm	25 Yoga 'FOD' 6:30am-7am Cycling 'FOD' 7:15am-8am Group Centergy 9:30am-10:30am Cycling 'FOD' 12:15-1:15pm Jazzercise 6pm-7pm Spinning 7:15pm-8pm Pilates 'FOD' 8:15pm-8:45pm	26 Jazzercise 5:30am-6:30am Jazzercise 8:15am-9:15am Gentle Yoga 10:45am-11:30am Pilates 'FOD' 12:15pm-1:15pm Zumba 6pm-7pm Yoga 'FOD' 7:10pm-7:45pm	27 Yoga 'FOD' 6:30am-7am Cycling 'FOD' 7:15am-8am Group Centergy 9:30am-10:30am Cycling 'FOD' 12:15-1:15pm Jazzercise 6pm-7pm Pilates 'FOD' 8:15pm-8:45pm	28 Jazzercise 5:30am-6:30am Jazzercise 8:15am-9:15am Pilates 'FOD' 12:15pm-1:15pm Jazzercise 6pm-6:30pm Yoga 'FOD' 7:10pm-7:45pm	29 Yoga 'FOD' 7:15am-8am Jazzercise 8:15am-9:15am Group Centergy 9:30am-10:30am Spinning 10:45am-11:30am
30 Jazzercise 3pm-4pm	31 HOLIDAY HOURS 7AM-3PM MEMORIAL DAY Jazzercise 5:30am-6:30am Jazzercise 8:15am-9:15am Gentle Yoga 10:45am-11:30am Pilates 'FOD' 12:15pm-1:15pm	<p><i>Patrons may use any available opening However, please remember HCC programs, leagues, & rentals will have priority.</i></p> <p><i>Please be courteous if asked to be moved. This schedule can change without advanced notice.</i></p>				