

June - Fitness Studio 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
		1 Yoga 'FOD' 6:30am-7am Cycling 'FOD' 7:15am-8am Group Centergy 9:30am-10:30am Cycling 'FOD' 12:15-1:15pm Jazzercise 6pm-7pm Spinning 7:15pm-8pm Pilates 'FOD' 8:15pm-8:45pm	2 Jazzercise 5:30am-6:30am Jazzercise 8:15am-9:15am Gentle Yoga 10:45am-11:30am Pilates 'FOD' 12:15pm-1:15pm Zumba 6pm-7pm Yoga 'FOD' 7:10pm-7:45pm	3 Yoga 'FOD' 6:30am-7am Cycling 'FOD' 7:15am-8am Group Centergy 9:30am-10:30am Cycling 'FOD' 12:15-1:15pm Jazzercise 6pm-7pm Pilates 'FOD' 8:15pm-8:45pm	4 Jazzercise 5:30am-6:30am Jazzercise 8:15am-9:15am Pilates 'FOD' 12:15pm-1:15pm Jazzercise 6pm-6:30pm Yoga 'FOD' 7:10pm-7:45pm	5 Yoga 'FOD' 7:15am-8am Jazzercise 8:15am-9:15am Group Centergy 9:30am-10:30am	
6 Jazzercise 3pm-4pm	7 Jazzercise 5:30am-6:30am Jazzercise 8:15am-9:15am Gentle Yoga 10:45am-11:30am Pilates 'FOD' 12:15pm-1:15pm Zumba 6pm-7pm Yoga 'FOD' 7:10pm-7:45pm	8 Yoga 'FOD' 6:30am-7am Cycling 'FOD' 7:15am-8am Group Centergy 9:30am-10:30am Cycling 'FOD' 12:15-1:15pm Jazzercise 6pm-7pm Spinning 7:15pm-8pm Pilates 'FOD' 8:15pm-8:45pm	9 Jazzercise 5:30am-6:30am Jazzercise 8:15am-9:15am Gentle Yoga 10:45am-11:30am Pilates 'FOD' 12:15pm-1:15pm Zumba 6pm-7pm Yoga 'FOD' 7:10pm-7:45pm	10 Yoga 'FOD' 6:30am-7am Cycling 'FOD' 7:15am-8am Group Centergy 9:30am-10:30am Cycling 'FOD' 12:15-1:15pm Jazzercise 6pm-7pm Pilates 'FOD' 8:15pm-8:45pm	11 Jazzercise 5:30am-6:30am Jazzercise 8:15am-9:15am Pilates 'FOD' 12:15pm-1:15pm Jazzercise 6pm-6:30pm Yoga 'FOD' 7:10pm-7:45pm	12 Yoga 'FOD' 7:15am-8am Jazzercise 8:15am-9:15am Group Centergy 9:30am-10:30am	
13 Jazzercise 3pm-4pm	14 Jazzercise 5:30am-6:30am Jazzercise 8:15am-9:15am Gentle Yoga 10:45am-11:30am Pilates 'FOD' 12:15pm-1:15pm Zumba 6pm-7pm Yoga 'FOD' 7:10pm-7:45pm	15 Yoga 'FOD' 6:30am-7am Cycling 'FOD' 7:15am-8am Group Centergy 9:30am-10:30am Cycling 'FOD' 12:15-1:15pm Jazzercise 6pm-7pm Spinning 7:15pm-8pm Pilates 'FOD' 8:15pm-8:45pm	16 Jazzercise 5:30am-6:30am Jazzercise 8:15am-9:15am Gentle Yoga 10:45am-11:30am Pilates 'FOD' 12:15pm-1:15pm Zumba 6pm-7pm Yoga 'FOD' 7:10pm-7:45pm	17 Yoga 'FOD' 6:30am-7am Cycling 'FOD' 7:15am-8am Group Centergy 9:30am-10:30am Cycling 'FOD' 12:15-1:15pm Jazzercise 6pm-7pm Pilates 'FOD' 8:15pm-8:45pm	18 Jazzercise 5:30am-6:30am Jazzercise 8:15am-9:15am Pilates 'FOD' 12:15pm-1:15pm Jazzercise 6pm-6:30pm Yoga 'FOD' 7:10pm-7:45pm	19 Yoga 'FOD' 7:15am-8am Jazzercise 8:15am-9:15am Group Centergy 9:30am-10:30am	
20 Jazzercise 3pm-4pm	21 Jazzercise 5:30am-6:30am Jazzercise 8:15am-9:15am Gentle Yoga 10:45am-11:30am Pilates 'FOD' 12:15pm-1:15pm Zumba 6pm-7pm Yoga 'FOD' 7:10pm-7:45pm	22 Yoga 'FOD' 6:30am-7am Cycling 'FOD' 7:15am-8am Group Centergy 9:30am-10:30am Cycling 'FOD' 12:15-1:15pm Jazzercise 6pm-7pm Spinning 7:15pm-8pm Pilates 'FOD' 8:15pm-8:45pm	23 Jazzercise 5:30am-6:30am Jazzercise 8:15am-9:15am Gentle Yoga 10:45am-11:30am Pilates 'FOD' 12:15pm-1:15pm Zumba 6pm-7pm Yoga 'FOD' 7:10pm-7:45pm	24 Yoga 'FOD' 6:30am-7am Cycling 'FOD' 7:15am-8am Group Centergy 9:30am-10:30am Cycling 'FOD' 12:15-1:15pm Jazzercise 6pm-7pm Pilates 'FOD' 8:15pm-8:45pm	25 Jazzercise 5:30am-6:30am Jazzercise 8:15am-9:15am Pilates 'FOD' 12:15pm-1:15pm Jazzercise 6pm-6:30pm Yoga 'FOD' 7:10pm-7:45pm	26 Yoga 'FOD' 7:15am-8am Jazzercise 8:15am-9:15am Group Centergy 9:30am-10:30am	
27 Jazzercise 3pm-4pm	28 Jazzercise 5:30am-6:30am Jazzercise 8:15am-9:15am Gentle Yoga 10:45am-11:30am Pilates 'FOD' 12:15pm-1:15pm Zumba 6pm-7pm Yoga 'FOD' 7:10pm-7:45pm	29 Yoga 'FOD' 6:30am-7am Cycling 'FOD' 7:15am-8am Group Centergy 9:30am-10:30am Cycling 'FOD' 12:15-1:15pm Jazzercise 6pm-7pm Spinning 7:15pm-8pm Pilates 'FOD' 8:15pm-8:45pm	30 Jazzercise 5:30am-6:30am Jazzercise 8:15am-9:15am Gentle Yoga 10:45am-11:30am Pilates 'FOD' 12:15pm-1:15pm Zumba 6pm-7pm Yoga 'FOD' 7:10pm-7:45pm	<p><i>Patrons may use any available opening However, please remember HCC programs, leagues, & rentals will have priority.</i></p> <p><i>Please be courteous if asked to be moved. This schedule can change without advanced notice.</i></p>			